

Titonka Care Center
515-928-2600

We extend our ***deepest sympathy*** to the family of Ed and Gloria Asche who passed away this pass in December. We will miss them very much!

A Reminder: The Van will not go out if road conditions are icy or snowy or If the temperature is 0*or below. We don't want something to happen and you get stranded along the road. (Not saying it will happen but in case)

The Titonka Care Center has implemented a Emergency Preparedness Policies. These can be found at the Nursing Station, by the Beauty Salon and in the employees break room. If we have an emergency (like Fire, Tornado, etc.) Please do not come to the Care Center until we call you! If you would please give us your email address we will be Sending you the newsletter to you that way. Thanks Please sign guest book when you come in and when you leave the building for our new emergency preparedness

Attention: The Care Center is not going to get any newspapers anymore because of our infection control program. So if your love one wants to read them you need to order them for them.

policies.

Reminder: If You plan on eating with your love one Please let the Kitchen know 24 hours ahead of time! Thanks the kitchen appreciates this very much!

Titonka Care Center... The Small facility with a big heart!

Email....tykecare@netins.net

Web Page is titonkacarecenter.com

Resident Sign Out Book is in the Nursing Office and will remain in there. Any one taking a family member out must check with the nurse before taking them out. Even if it is for appointments, you need to pick up the papers for the doctor. Thank you!!

Volunteers Thanks so much to the ones who come every month to do a program or any of you that helps activities out. The residents enjoy it very much and ***I appreciate*** your help. ***Thanks to the community members*** who brought cookies in for the residents. They enjoy them very much. Thanks to the Ramsey church ladies for the clothing protectors they made and donated to us. Thanks to the ***LuVerne Elementary school kids*** for their gifts to the residents. Thanks to ***pay it forward*** for their gifts they brought for the residents. ***Thanks to Judy Junkermeier and Santa*** for coming and handing out the gifts. The residents really enjoy it all so much. Thanks to all who came and sang songs for the residents(Church Groups, Girl Scouts, 4h group) ***Remember*** you are always welcome to come to any event that is scheduled at Care Center. Community Coffee is every Sunday afternoon from 2-4.

Happy New Year

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<u>Month</u>	<u>Flower</u>	<u>Birthstone</u>	<u>Color</u>
January	Carnation	Garnet	Black & Dark Blue

Origin of January's Name-January was named for the Roman god, Janus, the god of doors and gates. The latin word, *Januarius*, derived from *janua(means door)*. The Ancient Romans regarded Janus as the god of beginnings and endings, and drawings show him to be "two-faced", looking toward the past and future. The beginning of the month was consecrated by offerings of looking new products such as wine, salt, meal, and frankincense.

Thought For The Day: "Snowflakes are one of nature's most fragile things, but just look what they can do when they stick together."-Vesta M. Kelly

Quote for the month: "Real joy comes not from ease or riches or from the praise of others, but from doing something worthwhile"- Winifred Grenfell

Dates to Remember:

- National Bath Safety Month
- National Blood Donor Month 16 [Appreciate a Dragon Day](#)
- National Braille Literacy Month
- National Hobby Month 19 [National Popcorn Day](#)
- Hot Tea Month 20 [National Buttercrunch Day](#)
- National Oatmeal Month 20 [National Cheese Lover Day](#)
- National Soup Month 21 [National Hugging Day](#)
- National Soup Month 23 [National Pie Day](#)
- 1 [New Year's Day](#) 24 [Compliment Day](#)

- 4 [Trivia Day](#) 25 [Opposite Day](#)
- 4 [National Spaghetti Day](#) 26 [Spouse's Day](#)
- 5 [National Bird Day](#) 27 [Chocolate Cake Day](#)
- 6 [Cuddle Up Day](#) 28 [Fun at Work Day](#)
- 6 [Bean Day](#) 29 [National Puzzle Day](#)
- 8 [Bubble Bath Day](#) 29 [National Cornchip Day](#)
- 13 [Friday the 13th](#) 31 [Backward Day](#)
- 15 [National Hat Day](#)
- 16 [Martin Luther King Jr. Birthday](#)

New Year's Eve is when all the fun and festivities are. We see out the old year and ring in the new. While it is often thought of as a time to drink and be merry, many people take it as an opportunity to eat and be merry. Drinking is not as much a part of the event as it was decades ago, if only because of tougher drunk driving laws. New Years' Day on the other hand, is a time to relax and enjoy the start of a bright and promising new year....anew beginning. It is a time to be with family. After all, you haven't seen your mother in law since last year. So, enjoy everything about New Year's....it only comes once a year.

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