

**Titonka Care Center**  
**515-928-2600**

**We welcome** Mary Weiland as Dietary Manager and Mary Ullmann as Activities.

We extend our ***deepest sympathy*** to the family of **Florence Spear** who passed away this pass in April. We will miss her very much!

**Thanks so** much to the ones who come every month to do a program or any of you that helps activities out (Carole Tuecke, Bruce Wubben, Juniece Beenken and Alice Bruns). Thanks to Pastor Todd Hartsock for doing Bible Study this April. Thanks to the Pastors who come on Sundays and do church service. The residents enjoy having you come very much and I appreciate all your help.

**Thank You:** To the ladies that bring in cookies for the residents. They are really appreciated, thank you very much. **Thank you** to the **Pay It Forward group** for the Easter gifts. We appreciate you thinking of us.

**Remember** you are always welcome to come to any event that is scheduled at Care Center. Community Coffee is every Sunday from 2-4 everyone is invited to come out for coffee.

**The Titonka Care Center has implemented a Emergency Preparedness Policies. These can be found at the Nursing Station, by the beauty Salon and in the employees break room. If we have an emergency (Fire, Tornado, etc.) Please do not come to the Care Center Until we call you!!**

<b><u>Month</u></b>	<b><u>Flower</u></b>	<b><u>Color</u></b>	<b><u>Birthstone</u></b>
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May	Lily of Valley	Yellow & Red	Emerald
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The month of **May** is associated with the **Lily of the Valley** flower. It is generally white in color. The flower conveys sweetness and humility. In the Victorian era, it was gifted to convey the ***romantic*** messages “you have made my life complete.”

**Origin of May's Name** - May was probably named in honor of Maia, the Roman deity of growth and increase who ruled over the plants. Another explanation of the origin of the name is that it was chosen in honor of the Majores or Maiores, the original senate in the Roman Constitution.

**Thoughts For The Month:** “Spring makes its own statement, so loud and clear that the gardener seems to be only one of the instruments, not the composer.” “Grandmas are moms with lots of frosting.” “I write down everything I want to remember. That way, instead of spending a lot of time trying to remember what it is I wrote down, I spend the time looking for the paper I wrote it down on.” “The most important trip you may take in life is meeting people half way.” “When I read about the evils of drinking, I gave up reading.” “Vision is the art of seeing things invisible.”

**Titonka Care Center... The Small facility with a big heart!**  
**Email....tykecare@netins.net Web Page is titonkacarecenter.com**

*Happy Mother's Day*

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**Dates to Remember:**

- 1 [May Day](#)
- 2 [Brothers and Sisters Day](#)
- 4 [Kentucky Derby Day](#)
- 6 [National Nurses Day](#)
- 7 [National Teacher's Day](#)
- 11 [National Train Day](#)
- 12 [Mother's Day](#)
- 15 [National Chocolate Chip Day](#)
- 18 [Armed Forces Day](#)
- 18 [Visit Your Relatives Day](#)
- 21 [Victoria Day\(Canada\)](#)
- 25 [International Jazz Day](#)
- 27 [Memorial Day](#)
- 28 [National Hamburger Day](#)

**May 12- 18 is National Nursing Home Week**

**May 13 2:00 Music with Bob & Friends**

**May 14 2:00 Mother's Day Tea with Music with Plus One**

**May 15 2:00 Music with Mervin Gramstad**

**May 16 2:00 Music with Jeff Buege**

**May 17 12:00 Family Dinner**

## **Mother's Day**

Everybody has a mother and absolutely no one is more special than mom. Sure, dad is really important. And, grandparent's too. But moms, well they are just the greatest. Often taken for granted, they are always our strongest supporter. You can't do wrong in Mom's eyes. When you are hurt, or not feeling well....there is no one else that can help you more than Mom. I saw this clearly recently as our son was in the emergency room. Sure, dad was an important presence. But, the look in my son's eyes with his mom by his side was certain affirmation of mom's comforting ways, and importance.

So go out and celebrate Mother's Day. First and foremost, spend time with her. If you absolutely can not be there, take time for a long phone call. Flowers, cards, candy and gifts are all part of the day. But, mom wants some time with you far more than anything else.

**Did you know?** The first Mother's Day was May 10, 1908 in Philadelphia

## **Memorial Day**

Memorial Day is officially celebrated on the last Monday during the month of May. Memorial Day is dedicated to service men and women who gave their lives for freedom and country. It is also a time to remember loved ones who have passed away. The roots of Memorial Day observance, goes back to 1865 and the end of the Civil War.

Memorial Day was traditionally held on the 30th of May. In 1971, Congress changed it to the last Monday, in order to afford a three day holiday weekend. Regardless of the date, we encourage you follow Memorial Day tradition: attend a parade, and visit a cemetery to honor and remember our serviceman. Take time to remember lost loved ones in whatever way you feel appropriate.

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**Did you Know?** Memorial Day was first called Decoration Day. It was changed to Memorial Day in 1882.

Memorial Day also marks the beginning of the gardening and summer seasons, even though summer will not occur until a few weeks later. This day usually includes the first family picnic of the year.

The **Pay It Forward group** provided gifts to the home and residents for Easter. Out door furniture, bird bath & bird feeders and bird food. They also gave each resident an Easter Bag of goodies.



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